



Beach Premier U12 Philosophy,

Beach Premier Hockey (U12) should be a safe environment that provides developing young athletes the tools necessary to unlock their potential and see field hockey as one avenue to life-long physical fitness. As a coach in the program, it is my goal to awaken the desire in young girls and boys to learn and become creative athletic thinkers, fueled by their own interest and aspirations.

While Beach Premier U12 is strictly a developmental program, the club will strive to prepare all young players in three important areas of athletic readiness, so that they are equipped for future competitive scholastic and/or club playing experiences. These areas include: being able to work well and cooperate with others; learning to follow rules while acknowledging and respecting predetermined set expectations for skill execution, mental attitude and work ethic; lastly, learning how to display personal responsibility for words and actions. Namely, self-management (discipline), integrity and athletic maturity - the ability to do what you are suppose to do when you are suppose to do it.

As coaches we take responsibility for the development of these athletes and promise to reflect upon and analyze our teaching strategies - being open to learning, improving and growing. Despite our best intentions, we know that we cannot succeed alone. To raise expectations and create the most successful learning experience, we need parental partners who will share in a coordinated effort to help all players develop in to happy fundamentally and tactically sound field hockey players.

Each year indoor become more competitive and exciting. The practice schedule will be posted, please make every effort to attend practice. We are very limited with time and space for indoor practice. So, please be flexible and prompt for each practice. We will be sharing the gym with other teams in our program; this will take a lot of corporation on the part of coaches, players and parents.

Thank you for your support and dedication to the sport and I hope you enjoy your season of indoor field hockey.

*Theresa Platte*

*Beach Premier Director*